# SABBATICAL RESOURCES

# Creative Disruption



# NONPROFIT SABBATICALS

# IMPROVE ORGANIZATIONAL CAPACITY

Sabbaticals for nonprofit leaders can be a relatively inexpensive but highly productive capacity-building tool that yields measurable results. **Creative Disruption: Sabbaticals for Capacity Building and Leadership Development in the Nonprofit Sector** provides emerging evidence of the benefits to nonprofit organizations, leaders, funders, and the sector.[Read more…](http://www.compasspoint.org/creativedisruption)

**slow down, you move too fast**

**stewarding rest and margin**

Steve Brown and Dave Legg, People Resources Team

Imagine you wake up one morning and feel so weighed down that the thought of preparing a Bible study is just too much. Or perhaps you are beginning to resent your calling. What happened to that energy you used to experience? The answer may lie in how you are stewarding rest and margin in your life.

**the principle of rest**

It is interesting to note that the third thing God blessed in creation was rest (Genesis 2:2,3) and the third thing God cursed after the Fall was the work of man’s hands. (Genesis 3:17–19). In our fallenness we often get the ways of God backward. Today we curse rest and exalt work.

**the precedent of the Sabbath** [**(read more…)**](http://www.navigators.org/us/ministries/prt/newsletters/UPFront%20Summer%2007.pdf)

**Navigator’s Sabbatical Guidelines**

You’re holding in your hands a copy of The Navigators’ Sabbatical Process, which over the last ten years has been shaped by hundreds of Nav staff who experienced life-changing sabbaticals. We’re aware that if you think it might be time for a sabbatical, you’re probably already tired. Instead of saying joyfully, “Oh, how nice of these people to send me all this information!” you’re likely leaning more toward, “Do I have to read the whole thing?”

We created these suggestions to give you both the big picture and some details as you consider a sabbatical. [**(Click to download)**](http://www.navigators.org/us/ministries/prt/resources/Sabb%20Guidelines%20Rewrite%200210.pdf)